

Student's Name: _____

Final Skills Checklist

The skills listed below are included in the Skills portion of the Idaho Nursing Assistant Curriculum. Each student should demonstrate competency in every area either in the lab or the clinical setting. Competency should be indicated with a check in the appropriate setting box and the instructor's initials and date in the appropriate box and verified through the instructor's signature at the end of the checklist.

#	Skill	Clinical Setting	Laboratory Setting	Initials and Date
1	Interpersonal Communication			
2	Body Mechanics			
3	Hand Washing			
4	Donning an Isolation Gown			
5	Removing an Isolation Gown			
6	Donning and Removing Masks			
7	Donning and Removing Gloves			
8	Denture Care			
9	Helping a person to the Commode			
10	Perineal Care-Female			
11	Perineal Care-Male			
12	Giving a Bed Bath			
13	Giving a Back Rub			
14	Nail Care (Hands and Feet)			
15	Brushing Hair			
16	Oral Hygiene for the Unconscious Person			
17	Observing People Receiving IV Therapy			
18	Undressing and Dressing a Person who has Limited Use of Limbs			
19	Application of Anti-Embollic Stockings			
20	Making an Unoccupied Bed			
21	Making an Occupied Bed			
22	Serving a Meal Tray			
23	Feeding Helpless People			
24	Taking a Blood Pressure			
25	Taking a Radial Pulse			
26	Counting Respirations			

27	Taking an Oral Temperature with an Electronic Thermometer			
28	Side-Lying/Semi Side Lying Positioning			
29	Procedure for Supine Positioning			
30	Fowler's Position			
31	Sim's Position			
32	Range of Motion Exercises			
33	Moving a Person up in Bed with Person's Assistance			
34	Moving a Person up in Bed Using a Turn Sheet			
35	Ambulation of a Person with a Gait Belt			
36	Ambulation of a Person with a Cane			
37	Ambulation of a Person with a Walker			
38	Assisting a Person to a Wheelchair/Chair			
39	Giving a Bed Pan			
40	Removing a Bed Pan			
41	Giving a Urinal			
42	Removing a Urinal			
43	Indwelling Catheter Care			
44	Emptying Catheter Drain Bag			
45	Removal of an Indwelling Catheter			
46	Changing from a Bedside Drain Bag to a Leg Bag, Using Clean Technique			
47	Prepare the Fecal Occult Blood Slide			

Instructor's Signature: _____